



HUNTINGTON BEACH

HIGH SCHOOL

Wellness » **Wellness Center**

Wellness Center

The HBHS Wellness Center comprises credentialed and licensed mental health providers available to support our students' mental health needs. We work closely with parents and staff to ensure the best care possible for your child.

[Wellness Center](#)

[Wellness Staff](#)

Campus Resources

[Student Resources](#)

School-Based Mental Health Intervention

[Parent Resources](#)

School-based mental health intervention is available for students during the school day. Students can request support by first visiting their School Counselor in the front office. The School Counselor can refer your student to additional support as needed. Staff and parents can also refer students for mental health support by filling out the [Mental Health Referral Form](#).

[Staff Resources](#)

Text-to-Tip

[Text-to-Tip](#) is an anonymous tip reporting system available to students, staff, and community members. You can text with the school and share photos and information about any safety concern you become aware of. Text "TIP HBHS" to 848-261.

Breakwater (WellSpace)

The [WellSpace](#) is a calm, trauma-informed space where students can learn stress management and coping skills.

Off Campus Resources

Hazel Health

Through Huntington Beach Union High School District's partnership with Hazel Health, all enrolled students have access to a licensed Hazel therapist at no cost to families. Hazel bills insurance, but services do not impact your policy or deductible.

Care Solace

With a wide network of trusted providers and the ability to personalize the matching process, Care Solace will help you find care that fits your life — your schedule, your insurance, your location, and your unique needs.

Community Resource Guide

The HBUHSD Community Resource Guide is a comprehensive document that directs students, parents, and families to a variety of resources to meet their wellness needs.